

Pupil Choice Autumn 2019/Spring 2020

WEEK 1				
4th November, 25th November, 16th December, 6th January, 27th January, 24th February, 16th March				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausages with Onion Gravy	Beefy Pasta Bolognese	Roast Pork with Sage and Onion Stuffing	Chicken Curry	Salmon Nibbles
Creamed Potatoes	Wholemeal Pasta	Roast Potatoes or Wholemeal Pasta	Rice	Low Fat Chips or Wholemeal Pasta
Beany Pasta Bolognese (v)	Jacket Potato with BBQ Baked Beans(v)	Spanish Omelette (v)	Quorn Hot Dog (v)	Cheese and Tomato Pizza (v)
Tri Colour Pasta		Roast Potatoes or Wholemeal Pasta	Diced Potatoes	Low Fat Chips or Pasta
Tuna Roll	Chicken Mayo Roll	Cheese Roll	Ham Roll	Egg Roll
WEEK 2				
11th November, 2nd December, 13th January, 3rd February, 2nd March, 23rd March				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Korma Fillet	Burger in a Bun	Roast Chicken with Sage and Onion Stuffing	Beef Lasagne	Fish Fillet
Savoury Rice	Potato Wedges	Roast Potatoes or Pasta	Side Salad	Low Fat Chips or Wholemeal Pasta
Cheese Pinwheel (v)	Creamy Vegetable Pie (v)	Veggie Sausages (v)	Quorn Pattie	Pizza Whirl (v)
Diced Potatoes	Potato Wedges	Roast Potatoes or Pasta	Potato Wedges	Low Fat Chips or Wholemeal Pasta
Tuna Roll	Chicken Roll	Cheese Roll	Ham Roll	Egg Roll
WEEK 3				
18th November, 9th December, 20th January, 10th February, 9th March, 30th March				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meatballs in Tomato Sauce	Shepherd's Pie	Roast Beef and Yorkshire Pudding	Chicken Pie	Fish Fingers
Pasta		Roast Potatoes or Wholemeal Pasta	Creamed Potatoes	Low Fat Chips or Pasta
	Macaroni Cheese (v)	Vegetable Curry with Rice(v)	Jacket Potato with Baked Beans(v)	Cheese and Tomato Pizza (v)
Potato Wedges or Garlic Bread	Garlic Bread	Roast Potatoes or Wholemeal Pasta	Diced Potatoes	Low Fat Chips or Pasta
Tuna Roll	Chicken Mayo Roll	Cheese Roll	Ham Roll	Egg Roll

**Freshly Baked Bread available daily plus a selection of Vegetables and Bowl Salads
Fresh Fruit, Yoghurt and Cheese & Biscuits available daily**